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## The Sanctuary Clinic Contract of Healing

### WHAT IS ANGELIC REIKI?

Angelic Reiki is an ancient method of healing. The word Reiki means 'vital life force energy guided by Universal Wisdom'.

This means that the qualified Angelic Reiki Healer channels the light, love and wisdom from the Angelic Realms.

### YOUR TREATMENT

On arrival you will discuss any physical, emotional or spiritual problems you may have and then be asked to lay on a Massage Table or sit in a chair.

You will be made to feel comfortable with relaxing music, and once you are in a relaxed state then the Angelic Reiki healer will gently place their hands on your shoulders, and during the healing session Karyn may also feel inclined to other areas of your Body as and when required to help you during your Session.

The healer will not touch any private parts of the body as this is unnecessary.

### WHAT MAY I EXPERIENCE?

You will feel incredible relaxed and quite dreamy. You may experience sensations such as heat or cold, tingling, pulsing and you may feel air, see colour or images and feel emotional. Every person is different.

If you feel nothing, please do not think that the healing has not worked as your body will have absorbed exactly what it needs to heal.

Please just enjoy this time and value the needs your body has to be healed on all levels. You are perfectly safe at all times in the hands of Karyn and the Angels.

In some cases the cleansing and de-toxing process can be quite fast and furious. This means that your symptoms may become worse before they get better.



You may feel flu like or generally tired. This is a good sign as it means that the healing has shifted any blocks you were holding onto.

Please be gentle on your body over the next 3 days. Drink plenty of water, eat nourishing food, get some gentle exercise and sleep well.

### DISCLAIMER:

The information, techniques and services I use are not a substitute for Medical or Psychological Diagnosis/Treatment from a Licensed Healthcare Professional, whom you should consult if you are physically or mentally ill.

Please do not discontinue any treatment or medication prescribed by your healthcare provider without their advice. I am not medically qualified and I cannot diagnose.

Although I use the word healing or healer on my website, I do not claim that I am able to heal.

When I perform a healing, which is channeled through me from source, this is to help the clients to heal themselves and help them to move forwards in their lives. Healing and therapies are complementary and are not a substitute for medical care, but rather they work alongside it.



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I..... have read and understand all the above information and give my permission for this healing therapy to begin.

I also promise to take responsibility for aiding this healing and wanting to be healed on all levels of my life.

Signature .....

Date .....